

THE IKIGAI TALES

# IGNITE!

...your life



## NLP PRACTITIONER PROGRAM

CERTIFIED BY: NFNLP- USA

**CONTACT FOR DETAILS**

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# *“...It all started for me with my NLP Practitioner Program”*

## **What is NLP?**

Neuro Linguistic Programming, is a science to **unlock the force** inside you to **break through** your limitations and **take control** of your life. It helps you to **reprogram your mind** for **overcoming unwanted habits** and behavior, **enhance self esteem** and confidence. **Improve relationships**, communicate more effectively, **overcome fears**, transform your mindset and **create a life you truly want**.

**NLP Practitioner Program** is a **certification program** that equips you with the **tools and techniques of NLP** to **create lasting changes** in the areas of life you want to transform : Professional or Personal.

After completing this program you'll be able to **work with self and with others** using NLP techniques. Hence, managing self and people easily.

## **Who Should Attend?**

Personally, I feel everyone; for it's a way of life for me.

NLP is beneficial for anyone who wants to tap into their un-discovered potential and fully experience an empowered way of living everyday.



## You can benefit from NLP if:



If You're a **people-manager**: Understand your people thoroughly to **manage relationships and performance**

If you **lead a function** in your organisation: **Influence** and lead **powerfully**

If you want to **improve your relationships**: Find out what's stopping you from **experiencing happiness** in your relationships

If you want **be your best version** at work or even outside of it: **Techniques** to step into your **most powerful state of mind** instantly

If you want to **create a better self-image**: How to work with the **inner critique** to enhance **self esteem**

If you're a **coach**: Learn to **see and hear beyond** what your clients are sharing, to help them get the **results** that they want

If you're a **facilitator**: Build **instant rapport** with your audience and utilizing their preferred **learning styles**

**HR** professional: Build skills for creating instant rapport with people, **influence** them and **resolve conflicts**

If you're an **entrepreneur**: Learn to utilize NLP for creating **powerful outcomes** for yourself, skills to influence your clients, **sales and negotiations**

If you're a **home-maker**: Learn to **step into your inner-power** and manage **relationships and tasks** more efficiently and build a **happy home and life**

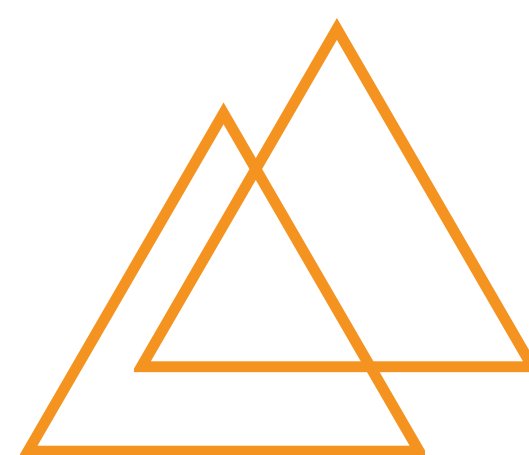
If you're a **Parent**: Understand your **child's behavior** at a deeper level and utilize their **strengths** to help them get better at behavior and **self-confidence**

If you're a **Student**: Learn to use the power of subconscious mind to **learn faster** and **breakthrough your fears**

NLP applies to all age groups, irrespective of the profession, designation at work or even at home :)

### **Some outcomes of the program:-**

**Powerfully transform** areas of life, you feel stuck with.



Tap into your **unconscious mind** and **create change** faster, and **with ease**

Understand the **language of your mind** and communicate with ease and **influence**

Take charge of your emotions and **resolve unpleasant memories**

**Transform** personal and working **relationships**

Access **instant confidence**

Improve **self image**

Adapt strategies to **model behaviours of excellence**

Recognise **deep-conditioned** patterns of thinking and learn how to **rewire your mind** for **exceptional results**

Resolve inner conflicts and **experience freedom**

**Breakthrough** your **fears** and **limiting** thought patterns, or **beliefs**

Live an **empowered life of choice**



## **Program Content:**

**Conscious and Unconscious Mind:** What is conscious and unconscious mind. How to develop connection with the unconscious mind.

**Sensory Acuity:** Develop your capability to be able to see, hear and feel at a deeper level.

**Representation Systems:** Decipher the thinking patterns of others to establish immediate connect and transform your skills of influence and persuasion.

**Rapport:** Be able to connect instantly and at a deeper and unconscious level.

**Accessing Powerful States:** Take the control of your emotions back in your hands

**Perceptual Positions:** Develop multiple perspectives by creating multiple vantage points for yourself and use them for resolving conflicts or improving sales and negotiations

**New Behavior Generator:** Modelling is an innate part of our unconscious mind. Learn modelling techniques for changing un-resourceful behaviors instantly and model excellence.

**Strategies:** Learn, how right from observing an event to reacting to the stimulus, our mind carries out a series of steps to produce a result as an action or feeling. From getting angry to experiencing anxiety; every response is a result of that, what happens on the inside.



**Sub-modalities:** Change structures of your experiences stored in your mind to get free from un-resourceful memories, getting over guilt experiencing freedom.

**Anchors:** Wonder why few things trigger a reaction from you, automatically? Be it a sudden knot in the stomach just before that important meeting/ presentation, or suddenly losing the motivation or drive towards performing well in your profession/ work.

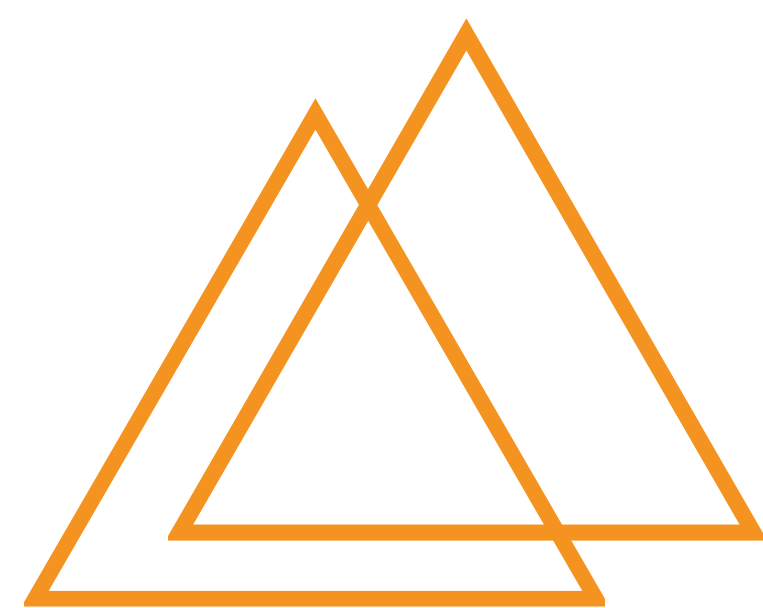
Learn to create powerful anchors and collapse the old un-resourceful ones and surprise yourself with new found ease and excellence.

**Language Patterns:** “Words and magic were in the beginning, one and the same thing” - Sigmund Freud.

Learn how you can powerfully craft your communication by understanding the details that lies in the patterns.

**Well Formed Outcomes:** How to naturally drive your mind towards solutions from problems by creating rich outcomes for your goals

*...All of this and much more!*



**Certification:**

**Upon successful completion of the program, you will be certified by the National Federation for Neuro-Linguistic Programming (NFNLP), USA, as a “NLP Practitioner”**



*“If you do what you’ve always done,  
You will get what you’ve always gotten”* TONY ROBBINS

**Program Dates:**

**May 15th - June 13th 2021**

**Every Saturday-Sunday: 10 am - 2.30 pm**

(all days are mandatory to attend to  
complete the course)

**Program Fee:**

**INR 28,000/- ( All Inclusive)**

**Early Bird Price : 24,000/-**

**Early Bird available till: May 5th only.**

**Inclusions:**

**45 hours** of live online training

**30-days** post workshop support to strengthen the skills and  
application

Eligibility to **re-view** the course anytime at a nominal price

Extensive Practitioner **Course Work-Book**

Become a part of a closed **group/ community** for ongoing learning  
and sharing



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## About the Facilitator :



Punam is a leadership coach, a life coach and NLP trainer, helping individuals and businesses unlock their potential and accomplish their goals. Punam works with people and organisations to enable change from the inside out through NLP Trainings and Coaching.

Founder of The Ikigai Tales- an NLP training and Coaching company, and Inside-Out & Beyond- an OD Consulting and Leadership Development firm, Punam has worked as a consultant, trainer, coach and head of program with multinationals in India

She has been trained personally by NLP Master Trainer -Ashlesh Rao, and certified by NFNLP USA as an NLP trainer. Punam has been closely working with people from different professions, artists and coaches through her training, signature programs and coaching for last 16 years.

*"I create space for my clients to think and realise that the solutions they were looking for were always there; with them, all the time. When they realise this, an unbreakable sense of empowerment sets them free to walk the path they create for themselves, knowing fully what they want to achieve; where they want to be. "*

**[www.theikigaitales.com](http://www.theikigaitales.com)**

