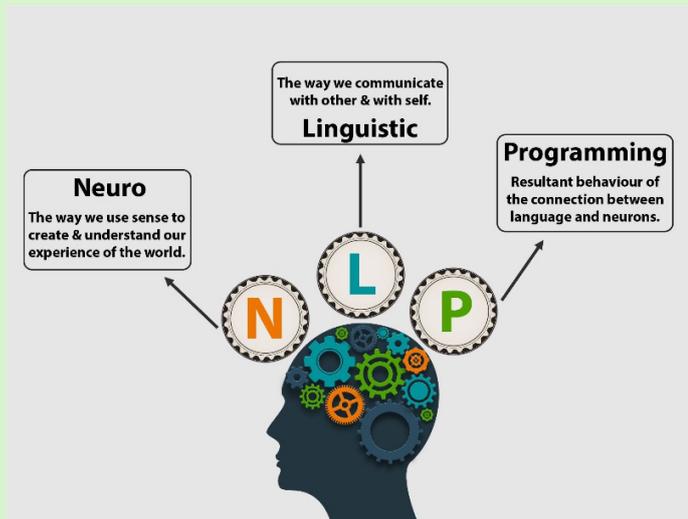


NFNLP Certified NLP Basic Practitioner Program



About NLP: -

❖ **Neuro (Neurological Processes):**

This refers to the brain and nervous system's role in how we perceive and process information through our senses.

❖ **Linguistic (Language):**

This aspect focuses on the language and internal representations we use to make sense of and communicate our experiences to ourselves and others.

❖ **Programming (Behavioural Patterns):**

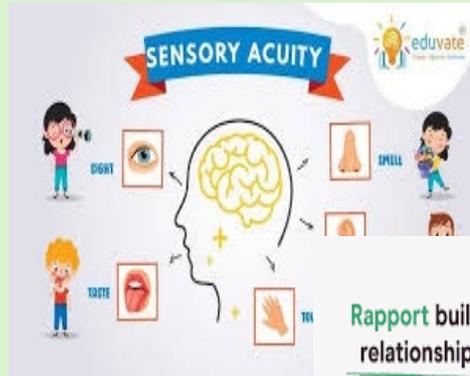
This represents the ingrained "software" of our thoughts, feelings, emotions, behaviors, and responses, which can be changed or updated to achieve desired outcomes.

Benefits and the people who benefit from NLP: -

NLP helps build confidence, progress in life, sharpen one's emotional intelligence, unleash one's full potential and improves one's communication senses as well. It benefits students, professionals, Homemakers & anyone who is self-driven to achieve the best in life. NLP is a way of life. It helps you to achieve improved communication, increased self-awareness, greater emotional intelligence, enhances your ability to overcome your limiting beliefs and fears like phobias and anxiety.

Program content: -

Introduction to NLP
Presuppositions of NLP
Sensory Acuity
Representational systems
Rewiring your subconscious
Eye-accessing cues
Rapport building (personal/professional)
Achieving personal excellence
Healing your inner child
Breakthrough your personal limitations
Stay away from distractions to embrace your priorities
Invoke your self attributes to attain your vision in life.



Program Commences on 6 October 2025.

Weekend and Weekday classes available
Mode & Location : Online (India and New Zealand)
Course duration: - 30hrs + 10hrs project.

About the Trainer: -



Poornima Ramasamy is a HR professional, Corporate Trainer and Behavioural Coach. She successfully serves Corporate, Start-ups, SMEs and mentors professionals and Freshers to get established in their career path.

As an NFNLP Master Practitioner and Trainer she has trained individuals to overcome their limitations and achieve their target.

People skills and rapport building is her core strength. She enriches the life of the participants with more fruitful experiences which creates an everlasting impact in all their beginnings. She fully embraces her life and training as an NLP Trainer.

For enquiries: - poornimadharanidharan@gmail.com