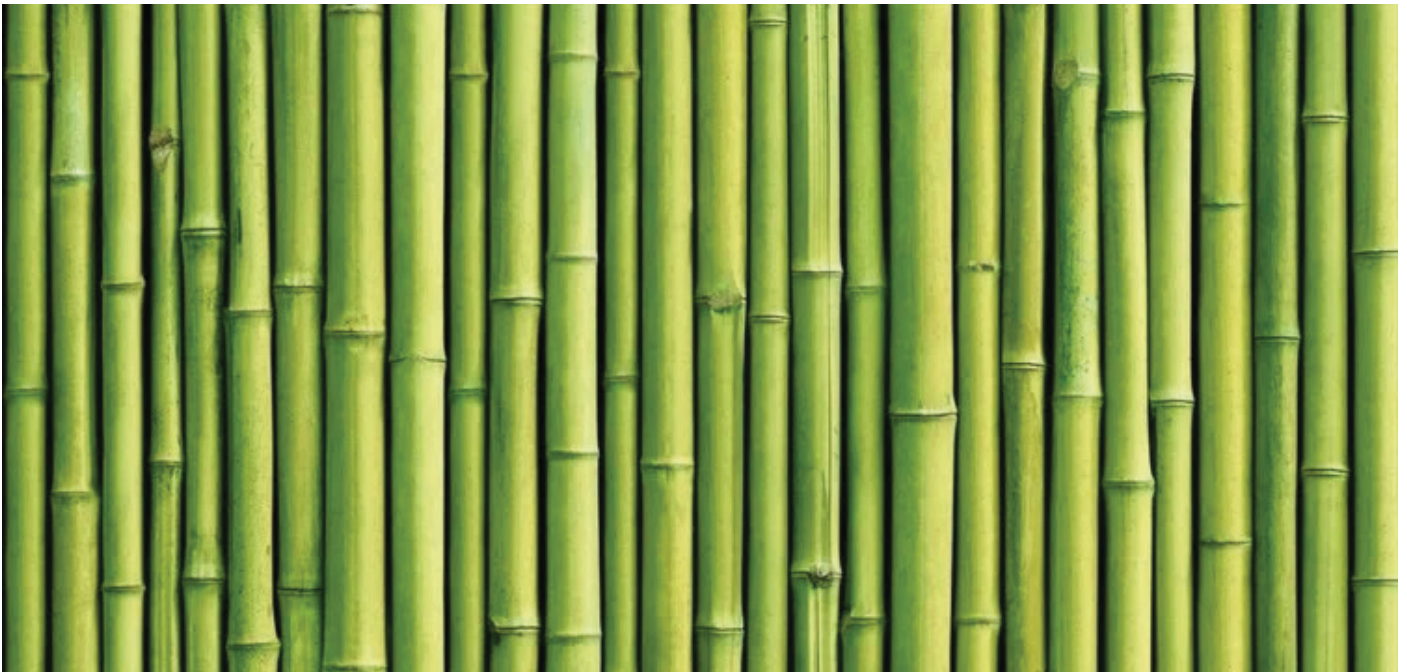


Enabling Growth, Celebrating Life



Be a Bamboo

Maximising Business Success through NLP



"Notice that the stiffest tree is most easily cracked, while the bamboo or willow survives by bending with the wind."

– Late Bruce Lee

Certified by The National Federation of NLP, Florida, USA.



Be a Bamboo*

Maximising Business Success Through NLP

A signature programme from Nivritti Associates LLP® and Certified by The National Federation of NLP, Florida, USA.

When subjected to force or pressure, the flexible nature of this plant allows it to absorb energy rather than crack or splinter like traditional hardwoods might do.

The characteristics of the Bamboo are:

Strength, Flexibility, Strong Roots, Continuous Growth and Durability

Strength alone is not enough, as Bruce Lee's quote alludes to. You also need to be flexible to adapt to the world around you as it changes. The dense fibers in bamboo can give the plant extreme flexibility to allow it to bend without breaking.

Since bamboo trees are the fastest-growing plants in the world, they're often associated with continuous growth, and the commitment to learning and developing. Bamboo is also hollow on the inside, and it grows quite simply. This reminds us that we should never be too full of ourselves; to make sure we keep an open mind and stay open to possibilities of exploration and growth.

Taking lessons from the bamboo traits, Nivritti is happy to announce its flagship and copyrighted programme "Be a Bamboo".

Target Audience: Managers with 15+ years experience and handling a team.

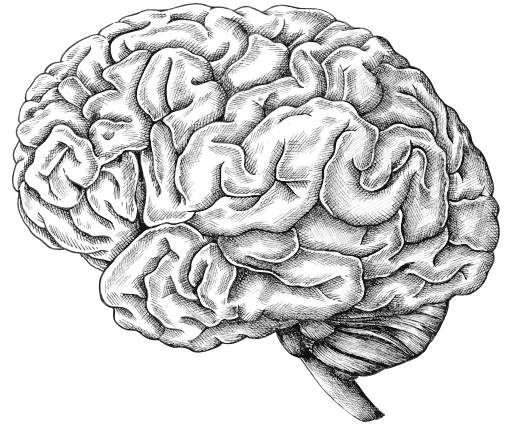
First in India

This workshop, the first of its kind in India, delves into central principles of NLP for higher impact on self and business.



What is Neuro Linguistic Programming (NLP)

- Neuro-linguistic programming (NLP) is a way of changing our perceptions, thoughts and behaviours.
- Our perceptions (defined past experiences) shape our feelings. This need not necessarily be true always, as situations and stakeholders change over time.
- The ability to reprogram our perceptions and control our emotions is a key factor for achieving success.
- Applying NLP principles and techniques can help improve communication, develop better relationships and achieve desired outcomes.



Workshop Highlights

This programme imbibes and integrates NLP applications, filled with case studies and interactions and covers the following:

- Situational Analysis
- Strategic Outcomes
- People Management
- Communication
- Monitoring Progress



How You Will Benefit

NLP teaches you to be flexible about changing your behaviour. Similar to the bamboo, when you can be flexible, accept people as they are and understand why they do what they do, you won't crack.

- Creating clear outcomes is a crucial step towards success. NLP helps you to define your actual desire by enquiring deeper within yourself.
- By enhancing your sensory acuity you can also check whether your actions are bringing you closer to your goals. Sensory awareness to minor changes in one's physiology can convey information about how you feel, which can affect your behaviour in certain situations.

Workshop Format:

Hybrid model of 8 hours of virtual session and 12 hours of classroom sessions (preferably residential).

About Nivritti Associates

Certified NLP Trainers & Master Practitioners, Quality experts and SME in the learning and development space of a combined 100+ years of experience.



To Know More Details, [Visit Us](#)

Course Facilitator



K.V. Vishwanathan

Author, Leadership Coach and Facilitator

Executive Director, Partner @ Nivritti Associates LLP

Certified trainer of NLP from National Federation of NLP, Florida, USA. Trained 14K + participants across the globe. Over 300+ leadership coaching hours.

Authored two books:

- How to make learning enjoyable & fun
- Outcome thinking-Framework-tools & tips

For more details:

www.linkedin.com/in/harivishwanathan/

Some of the clients who have benefited from our learning programmes and interventions include:

